

COMPANION PLANTING



- Arugula: bush beans, beets, carrots, celery, cucumber, dill, lettuce, mint, nasturtium, onion, potato, rosemary, spinach, and thyme; but not with strawberries. This is a cool weather plant that doesn't grow in very hot conditions.
- Basil: will improve vigour and flavour of tomatoes, planted side-by-side. Also good with asparagus, oregano, and peppers. Basil helps repel aphids, asparagus beetles, mites, flies, mosquitoes, and tomato horn worm.
- Beans: all beans fix nitrogen in the soil. Plant with brassicas, carrots, celery, chard, corn, cucumber, eggplant, peas, potatoes, radish, and strawberries. Avoid planting near chives, garlic, leeks, and onions. Pole beans and beets stunt each other's growth.
- Beets: beet greens and scraps are very good for the compost, returning captured manganese and iron to the soil via the composting process. Plant with bush beans, brassicas, corn, garlic, kohlrabi, leeks, lettuce, and mint. Add cut mint leaves as a mulch for beets. Avoid planting beets near pole beans.
- Brassicas (bok choy, broccoli, brussels sprouts, cabbage, cauliflower, collards, kale, kohlrabi, turnip) - all benefit from chamomile, dill, mint, rosemary, and sage. Avoid planting near eggplants, peppers, potatoes, or tomatoes. These four plants are in the solanum family, and they all prefer fairly acidic soil at ph 5.5-6.5, while brassicas want more neutral soil at ph 6.5-7.0.
- Carrots: plant with beans, brassicas, chives, leeks, lettuce, onions, peas, peppers, pole beans, radish, rosemary, sage, and tomatoes. Avoid planting with dill, parsnips, and potatoes. Generally speaking, it's a good idea to keep some space between root crops so they don't compete for available phosphorus. Carrots planted near tomatoes may have stunted roots, but will have exceptional flavour. Chives also benefit carrots.
- Chives - improves the flavour of carrots and tomatoes. A companion plant for brassicas. Helps to repel aphids, carrot rust fly, and japanese beetles. Avoid planting near beans and peas.
- Cilantro - repels aphids, potato beetles, and spider mites.
- Dill - dill improves the health of cabbages and other brassicas, and is a very good companion for corn, cucumbers, lettuce, and onions. Avoid planting near carrots and tomatoes. Dill attracts ladybird beetles, parasitoid wasps, hoverflies, bees, and garden spiders, making it one of the most useful companion planting candidates.
- Lettuce - good companions for beets, brassicas, carrot, celery, chervil, cucumbers, dill, garlic, onions, radish, spinach, squash, and strawberries.
- Nasturtium - these plants make a good trap crop for aphids, and they deter whiteflies, cucumber beetles, squash beetles, colorado potato beetles, and mexican bean beetles. It is a good companion for brassicas, cucumbers, melons, radishes, and tomatoes. Because they grow close to the ground, nasturtiums provide good cover for ground beetles and spiders. The flowers attract a variety of pollinators, and is good for the bees.
- Onions - plant chamomile and summer savory near onions to improve their flavour. Onions also work well alongside beets, brassicas, carrots, dill, kohlrabi, leeks, lettuce, strawberries and tomatoes. Don't plant onions near asparagus, or peas of any kind. Onions help to repel the carrot rust fly.
- Oregano - oregano is particularly good for repelling cabbage moths, and it can be planted between rows of brassicas for this purpose. Also good around asparagus and basil.
- Peas - superb companions for beans, carrots, celery, corn, cucumber, eggplant, parsley, peppers. Potatoes, radish, spinach, strawberries and turnips. Avoid planting peas near onions.
- Potato - bush beans, celery, corn, garlic, marigolds, onions, and peas all do well planted near potatoes. Avoid planting potatoes near asparagus, brassicas, carrots, cucumber, kohlrabi, melons, parsnips, rutabaga, squash, sunflower, and turnips.
- Radish - plant radishes near beans, beets, celeriac, chervil, cucumber, lettuce, mint, parsnip, peas, spinach, squash, and tomatoes. Avoid planting near agastache or potatoes. It is said that planting 3 or 4 icicle radishes around the mound where you plant squash, and allowing them to grow and bloom, will prevent most pests of squash and cucumber.
- Spinach - a good companion for brassicas, eggplants, leeks, lettuce, peas, radish, and strawberries, particularly. Don't plant spinach near potatoes.
- Swiss chard - beans, brassicas, and onions make the best companions for chard.
- Turnip - turnips are easygoing, but benefit from mint and pea companions.

